

CASA Health & Wellness Presents:

Kindness is Cool:
PAY>>>IT>>>FORWARD!



1st & 2nd Grades

Wednesdays 4-5 PM

6 weeks:

Sept 14 - Oct 19, 2016

Register by Mon Sept 12, 2016

We are so excited to be offering a uniquely community-oriented 'Kindness is Cool' wellness group this fall session... And we think our uniquely community-conscious group of first and second graders are the perfect kids to lead the way! Meeting weekly for 6 consecutive Wednesdays, this group will utilize a variety of creative processes to investigate the chain reaction that can occur from even one tiny act of kindness. Examining the "pay it forward" concept of spreading kindness (an idea which has been appearing in literature for centuries), group members will develop and implement creative projects designed to spread kindness and goodwill throughout the world around us.

To Register:

www.CardasisCounseling.org/student-wellness-groups

Questions? Contact Lily:

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