

# San Francisco Free Medical Chart January-March 2020

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**Adults; Teens; Seniors; Children; Women; Men; Everyone**

Urgent Care†	TB Testing	Pregnancy Test	STD Testing	STD Testing	HIV Testing	HIV Treatment	Dental	Podiatry	Transgender Svcs	Immunizations	Women's Health	Family Planning	Mental Health‡	Prenatal Health†	Primary Care†	
<b>Urgent Care</b>																
Ⓐ	Ⓐ		Ⓐ	Ⓐ		Ⓐ										<b>Tom Waddell Urgent Care Clinic.</b> 50 DR TOM WADDELL PL. (bet. Van Ness & Polk). 415-355-7500. \$0-full bill. Adults (18+). <b>Drop-in</b> M-Th 8am-6pm, F 8am-4:30pm, Sa 9am-4:30pm. TB testing M-F 8am, Sa 9am; dental clinic M-F 8am-4pm; call for podiatry. English & Spanish. ☎
ℰ		WT			ℰ	ℰ			WT	AT		ℰ	WT	ℰ		<b>Zuckerberg San Francisco General Hospital.</b> 1001 POTRERO AVE (at 23rd St). 628-206-8000. MediCal & uninsured. Will help SF residents without insurance enroll in Healthy SF or MediCal. No one turned away for lack of funds. Call for appt M-F 8:30am-5pm, except holidays. Urgent care M-F 8-11:30am, 1-4:30pm, 6-9pm; Sa-Su-hol 8-11:30am, 1-4pm. 24-hr emergency room. Patient advocates 628-206-5176. Also cancer screenings, pediatrics. Cantonese, English, Mandarin, Russian, Spanish, & Vietnamese. Other languages available. ☎
<b>Neighborhood Clinics</b>																
																<b>Curry Senior Center.</b> 333 TURK (near Leavenworth). 628-885-2274. \$0-full bill. For age 55+. Call for appt M-F 8am-5pm. Substance abuse counseling & case management. English & Spanish. For Cantonese, Laotian, Mandarin, Russian, Tagalog & Vietnamese, call for day & time. ☎
ℰ	WT	ℰ	ℰ	ℰ	ℰ	ℰ	ℰ	WT	AT	ℰ	WT	ℰ				<b>North East Medical Services.</b> 1520 STOCKTON ST (bet. Green & Union). 415-391-9686. \$0-full bill. Call M-F 8am-6pm, Sat 8:30am-5pm. Vision, pharmacy, health education, radiology, acupuncture are available. Wwww.NEMS.org. Cantonese, English, Mandarin, & Vietnamese. Limited Spanish; other languages via phone interpreter. ☎
																<b>Sister Mary Philippa Health Center.</b> 2235 HAYES ST, 5TH FLOOR (bet. Stanyan & Shrader). 415-750-5500. \$0-full bill. SF residents only. Call for appt M-F 9am-4:30pm. Dermatology. English. Other languages through telephone or video interpreter. ☎
ℰ	ℰ	WT	ℰ	ℰ	ℰ	ℰ	ℰ	ℰ	WT	AT	ℰ	WT	ℰ			<b>South of Market Health Center.</b> 229 7TH ST. (bet. Howard & Folsom). 415-503-6000. \$0-full bill. Call or drop in to make an appt MTuTh 8 am-5pm, W 8am-7pm, F 8am-3:30. Cantonese, English, Mandarin, Spanish, & Tagalog. ☎
<b>Outreach Clinics</b>																
																<b>A Woman's Place.</b> 1049 HOWARD ST (bet. 6th & 7th Sts). 415-487-2140. Free, will help you get on HealthySF. For anyone who identifies as a woman. Entrance is around the corner on Russ St. Substance abuse program, HIV program & case management available 12-4pm daily. Nurse Practitioner Th 1-5pm. <b>Drop-in</b> clinic at 211 13th St. M 1:30am-5pm & Th 10am-2pm. Chiropractor Tu 12:30-2pm. ☎
ℰ																<b>Martin de Porres.</b> 225 POTRERO AVE (bet. 15th & 16th Sts). 415-552-0240. Free. Nurse practitioner Th 12-2pm. Usually health education, referrals Th 12:30-2pm. English & Spanish. ☎
ℰ	WT	ℰ	ℰ	ℰ	ℰ	ℰ	ℰ	WT	AT	ℰ	ℰ					<b>Mission Neighborhood Resource Ctr.</b> 165 CAPP ST (bet. 16th & 17th). 415-510-8282. Free for homeless 18+. <b>Drop-in:</b> Nurse Practitioner or doctor M-F 8:30am & 2pm; HIV rapid test Tu 2-4pm; Psychiatry W 8:30am; Dental 2nd & 4th Tu 8:30-11:30am. HepC treatment, subaxone, PrEP, substance use counseling, case management, support groups; showers, lockers, laundry, & insurance enrollment available. Ladies night Th 6-8pm. English & Spanish. ☎
ℰ																<b>San Francisco Day Labor Program.</b> 3358 CESAR CHAVEZ (bet. Mission & S. Van Ness). 415-252-5375. Free. <b>Drop-in:</b> Tu 9-11am, medical care. First 20 people are seen, preference given to day laborers. Job referrals M-F 7am-1pm, Sa 7am-noon. Orientation required for job referral: WTh 10:30am (Spanish), 11am (English). English & Spanish. ☎
<b>Other Clinics</b>																
ℰ			ℰ	ℰ	ℰ							ℰ	ℰ			<b>HR360 Integrated Care Center.</b> 1563 MISSION, FL 5 (at S. Van Ness). 415-746-1940. \$0-full bill. Call for an appt or <b>drop in</b> M 8:45am-7pm Tu-F 8:45am-5pm. Substance use disorder & HepC treatment; acupuncture; chiropractic. Pediatrics Sa 9am-5pm. English & Spanish. Other languages via phone interpreter. ☎
	T	T	T	T	T				T	T	T	T			T	<b>Huckleberry Youth Health Ctr.</b> 555 COLE ST (at Haight). 415-751-8181. Free for homeless youth ages 12-24, others call for info. If 12-18 & not homeless, parental consent required for primary care but not for reproductive health svcs. Call for appt MTuWF 9am-5:30pm, Th 2-6pm incl PrEP. <b>Drop-in:</b> Tu 1:30-5pm, Th 1:30-6pm. Call 415-386-9398 for case management, therapy, & peer health education. Cantonese, English, & Spanish. ☎
		AT	AT	AT	AT	AT	AT	AT	AT	AT	AT	AT	AT			<b>Lyon Martin &amp; Women's Community Clinic.</b> 1735 MISSION ST. (near 13th St). 415-379-7800. HealthySF, MediCal, MediCare or \$0-full bill. For women & trans folk 12+. Call for appt M-F 9am-5pm. Medication abortion, counseling, insurance help available. English & Spanish. ☎
	T	T	T	T	T				T	T	T	T			T	<b>Michael Baxter Larkin Street Youth Clinic.</b> 134 GOLDEN GATE AVE (bet. Leavenworth & Jones). 415-673-0911. Ext. 259. Youths 12-24. Free. Call or <b>drop-in</b> M-F 8:30am-noon & MTuWF 1-4:30pm. Same-day appt for some services. English & Spanish. ☎
	WT	ℰ	ℰ	ℰ					WT	ℰ						<b>New Generation Health Center.</b> 2500 18TH ST 3RD FL. (at Potrero). 415-502-8336. <newgen.ucsf.edu>. \$0-full bill. Call or <b>drop-in</b> for appt. M 12:30-5pm, TuTh 1-6pm, W 8:30am-5pm, F 8:30am-4:30pm. Morning-after pill available. English & Spanish. ☎

† Primary Care clinics provide full medical services including screening & referral.  
Urgent Care clinics provide limited medical services including screening & referral.

‡ Clinics that provide only mental health services, health education & substance abuse programs are not included on this chart.

**In case of emergency, call 911.**

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Urgent Care†	TB Testing	Pregnancy Test	STD Testing	STD Treatment	HIV Testing	HIV Treatment	Dental	Podiatry	Transgender Svcs	Immunizations	Women's Health	Family Planning	Mental Health‡	Prenatal Health†	Primary Care†	
<b>Other Clinics</b>																
WT									A	WT	AT					<b>San Francisco Free Clinic.</b> 4900 CALIFORNIA ST (at 11th Ave). 415-750-9894. Free. Serves only the uninsured. Call M-F 10:30am-12pm & 1:30-4pm for an appt in a week. English, Mongolian, & Spanish. Russian & Vietnamese translators available with 3-day notice.
			WT	AT	AT	E			AT	E	WT	E	E			<b>St. James Infirmary.</b> 730 POLK STREET, 4TH FLOOR (near Ellis). 415-554-8494. <www.stjamesinfirmary.org>. Free. For current, former & transitioning sex workers & current primary partners (must come together) & their children 12+. <b>Drop-in:</b> W 5:30-8pm (including massage, acupuncture, clothing & a hot meal). Therapy and Transgender Hormone care by appointment. English. Other languages by phone interpreter.
			E	A	A	AT	E		E	A	A	E	A			<b>The Wellness Clinic.</b> 730 POLK ST FL 4 (bet. Ellis & Eddy) & 1800 MARKET ST FL. 4. 415-292-3400. \$0-full bill, will help you get insurance. SF residents 18+. Call for appointment M-F 9:30am-6pm. <b>Drop-in:</b> Transgender Support Tu 2-5pm ThFSa 1-5pm; PrEP, PEP & Needle Exchange M-F 9:30am-6pm, Sa 9am-noon. Cantonese, Hindi, Mandarin, Spanish, Tagalog, Thai, & Vietnamese. Other languages via phone interpreter.
<b>Testing Sites</b>																
			WT	E	E	E										<b>City Clinic.</b> 356-7TH ST (bet. Folsom & Harrison). 415-487-5500. <www.sfcityclinic.org>. \$25 fee, no one turned away for inability to pay. <b>Drop-in:</b> MWF 8am-4pm, Tu 1-6pm, Th 1-4pm; people with STD symptoms or a partner with STD Tu 1-3pm, Th 1-4pm; family planning MWF 8am-4pm, Tu 3-6pm (or call 415-487-5552 or email <a href="mailto:sfcwomensclinic@sfdph.org">sfcwomensclinic@sfdph.org</a> for Th morning family planning appt); sexual healthcare for trans MWF 8am-4pm, or by appt (call 415-487-5525 or email <a href="mailto:Cityclinictransservices@sfdph.org">Cityclinictransservices@sfdph.org</a> ); PrEP, PEP, HIV testing & emergency contraception may be available after clinician assessment. HIV early care clinic call 415-487-5511 for appt. Cantonese, English, Mandarin, Russian, Spanish, & Tagalog.
																<b>UCSF Alliance Health Project.</b> 1930 MARKET (by Duboce). 415-502-8378. Donation requested, not required. < <a href="http://alliancehealthproject.ucsf.edu">alliancehealthproject.ucsf.edu</a> >. For rapid HIV testing call Tu-F 11am-4:30pm for appt or <b>drop in</b> Tu 5-7pm, WTh 12-7pm, F 12-5pm, Sa 9am-12pm. Confidential. HIV & risk assessment counseling available. Call for help getting PrEP. English. Other languages by appt.

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## Health Insurance

**HealthySF.** 415-615-4588. \$0-full bill. Go to <http://healthysanfrancisco.org/visitors/how-do-i-apply/> or call M-F 8:30am-5:30pm for appts & **drop-in** sites. Health care access for SF residents 18+ with low to no income (incl. the undocumented) who can't get Medi-Cal or insurance. At intake appt, they'll ask for photo ID, proof of SF residency, and proof of income (bank statement, tax return), & you can choose a clinic to provide your primary care. Cantonese, English, Mandarin, Russian, & Spanish.   
**Medi-Cal.** 1440 HARRISON ST. (bet 10th and 11th). 415-863-9892 or toll free 855-355-5757. M-F 8am-5pm. Free. Health insurance for all

documented California residents with income less than 138% of the poverty line (\$16,643 a year for a single person). Apply in person or online at <[www.mybenefitscalwin.org](http://www.mybenefitscalwin.org)>.  
**Medicare.** 800-633-4227. <Medicare.gov>. Health insurance for documented US residents 65+ or disabled.  
**San Francisco Health Plan.** 415-547-7800 (8:30am-5:30pm). \$0-full bill. Office hours: MTuWF 8:30am-5pm, Th 8:30am-4pm. Health care coverage for low-income SF residents. Call or go online at [www.sfhph.org](http://www.sfhph.org) to find out if you qualify for publicly funded health care incl. Medi-Cal & Healthy Workers HMO.

## Odds & Ends

**Acupuncture:** 1) American College of Traditional Chinese Medicine free **drop-in** ear clinic, 1453 Mission (bet. 10<sup>th</sup> & 11<sup>th</sup> Sts.), 415-282-9603, M 1:30-4:15pm & F 9-11:45am.  
2) HR360 Integrated Care Center. 1563 MISSION ST (AT S. VAN NESS). 746-1940. Call for an appt or **drop-in** M 8:45AM-7PM Tu-F 8:45AM-5PM.   
**Bay Area Legal Aid.** 855-693-7285. M-F 9am-5pm. Free legal aid for issues with Medi-Cal/MediCare, Covered California, medical debt, and health care access. English, Cantonese, Hindi, Korean, Mandarin, Spanish, & Vietnamese; other languages via telephone interpreter.  
**San Francisco Rape Treatment Center.** 1001 POTRERO (at 23rd St.). 415-437-3000. Free. **Drop-in:** 24 hr. crisis intervention, evidence collection & medical care via SF General Hospital Emergency. This is for all San Franciscans 18+. Medical care & mental health referrals.

English & Spanish; other language interpreters available.   
**Operation Access to Specialty Care.** 1119 MARKET ST Ste 400 (at 7th). 415-733-0052. Free. Call M-F 9am-5pm for information on how to get a community clinic referral for free outpatient surgery and other procedures (colonoscopy etc.). English, Portuguese, & Spanish. Other language interpreters available.   
**Syringe Access.** 117 6TH ST (bet Mission and Howard). 415-241-5100. Free. **Drop-in:** M-F 9am-5pm Sa 7-11pm: Syringes & condoms; needle disposal; Narcan (OD remedy), OD emergency training. Tu 10am-12pm (nurse), HIV/HepC testing TuWF 11am-1pm, Th 11am-5pm, Sa 7-11pm; subaxone M 1-3pm. Call or visit <[sfaf.org/client-services/syringe-access](http://sfaf.org/client-services/syringe-access)> for other times & places. English & Spanish.

Please call 415-648-3222 with corrections, comments, or additions for our next update, or to volunteer, Up to the minute charts available at <http://freeprintshop.org>.

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