

KINDNESS IS COOL: KID PRESIDENT STYLE!

A CASA HEALTH & WELLNESS GROUP FOR 2ND-3RD GRADERS

WEDNESDAYS, 2-3pm

March 9th – April 20th, 2016

Register by Mon 2/16



"Throw kindness
around like confetti.
Kindness is less messy."

— Kid President

As part of our ongoing
Kindness is Cool Bullying

Prevention programming, CASA is offering an active and engaging group for 2nd and 3rd grade kids. In recent years, the character of 'Kid President' has become a wildly popular internet sensation. We may at first be drawn towards Kid President's youtube pep talks by his awesome dance moves, goofy interpretations of Robert Frost poems, and ridiculous obsession with corndogs—but it doesn't take long to realize that, through the vehicle of all this silliness, Kid President is sharing an important message with the world, encouraging us all to treat others with kindness and respect.

Group meetings will consist of viewing and responding to video clips, reading Kid President's recently released book *Kid President's Guide to Being Awesome* and discussing real-life applications, and developing a service project designed to spread kindness and respect with our school community. *Kindness is Cool: The Kid President Way* will be facilitated by H&W Counselor Lily Cardasis, assisted by rotating 5th grade student mentors.

Enrollment limited to 7 students

To Register:

Send Lily an email at cardasiscounseling@gmail.com,
or sign up at <http://www.cardasiscounseling.org/student-wellness-groups>.